

FEBRUARY 2019

BBQ Rib (Hoag) with mashed potatoes, green beans, fresh vege cup, tossed romaine salad, fruit, milk

Overton County Schools

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW...

THE ROMAN MONTH FEBRUARIUS WAS NAMED AFTER THE LATIN TERM FEBRUUM, WHICH MEANS PURIFICATION, VIA THE PURIFICATION RITUAL FEBRUA HELD ON FEBRUARY 15 (FULL MOON) IN THE OLD LUNAR ROMAN CALENDAR.

Chili & 1/2 Sand.
Hot Ham & Cheese Sand.
French Fries
carrots w/dip, fruit, milk

1

A La Carte

Extra Entrée Item: \$1.25
Extra Milk: \$.50
Fresh Fruit: \$.50
Snack Items: \$.75

Special Note:

From time to time delivery trucks may not deliver items due to being "out of stock" and menus may need to be changed due to non delivery of items in time for preparation. Menus may also change due to the threat of inclement weather, late openings, early dismissals, closures, etc. Thank you for your understanding.

School News

Full Price breakfast: \$1.25
Reduced Price: \$.30

Full Price Lunch PreK-8:
\$2.25

Full Price Lunch 9-12: \$2.50
Reduced Price: \$.40

Each school provides a second local entrée choice

*** NEW ***

Yogurt/Fruit Smoothies will be offered at Breakfast as a "Grab & Go" type meal and as a second entre offering.

This Institution is an equal opportunity provider.

Pizza
Turkey & Cheese Sub.
Tossed salad, corn, carrots w/dip, fruit, milk

4

Steak & Gravy
Chili Dog
mashed potatoes, fresh vegetables, green beans, roll, fruit, milk

5

Chicken Spaghetti
Ham & Cheese Sand.
glazed carrots, tossed salad, roll, fruit, milk

6

BBQ Pork Sandwich, Sliced Turkey W/Gravy & Roll, Green beans, slaw, fries, Slaw, fruit, milk

7

Chili & 1/2 Sand
P&J Sandwich
FF, fresh vege cup, tossed Salad, fruit, milk

8

Cheese Burger
Hot Dog trimmings, fries, baked beans, slaw, fruit, milk

11

Pizza
Hot Ham & Cheese Sand.
Potato Wedges
Pasta Salad, Fruit Milk

12

Bosco Sticks w/ Marinara sauce
Turkey & Cheese Sub.
tossed salad, baked beans, fruit, milk

13

Sliced Pork W/Gravy & Roll, B.B.Q. Rib Hoagie
Mashed Potatoes, Green Beans, Slaw
fruit, milk

14

Sweet & Sour
Chicken
Fish Sand.
Potato Wedges, rice & beans, carrots w/dip, fruit, milk

15

No School

18



Chicken Nuggets
Sloppy Joe Sand.
Mashed Potatoes, green beans, carrots w/dip, roll, fruit, milk

19

Mozz. Sticks W/Sauce
Meat Loaf, pinto beans, Turnip Greens, Scalloped Potatoes, Slaw, Cornbread, fruit, milk

20

BBQ Chicken W/Roll
Hamburger trimmings, fries, Baked Beans
carrots w/dip, fruit, milk

21

Chili & 1/2 Sand.
Hot Dog
F.F. fresh vege cup, tossed Romaine Salad, fruit, milk

22

Cheese Burger
Fajitas
trimmings, fries, beans, Mex. Rice
W/Beans slaw, fruit, milk

25

Baked Spaghetti
Grilled Cheese Sand.
tossed salad, corn, fries, roll, fruit, milk

26

Taco Salad
Fish Sandwich
Fries, trimmings, refry beans, Mexican/Spanish rice, fruit, milk

27

Chicken Casserole
Hot Ham & Cheese Sand
mashed potatoes, green beans/peas, glazed carrots, roll, fruit, milk

28